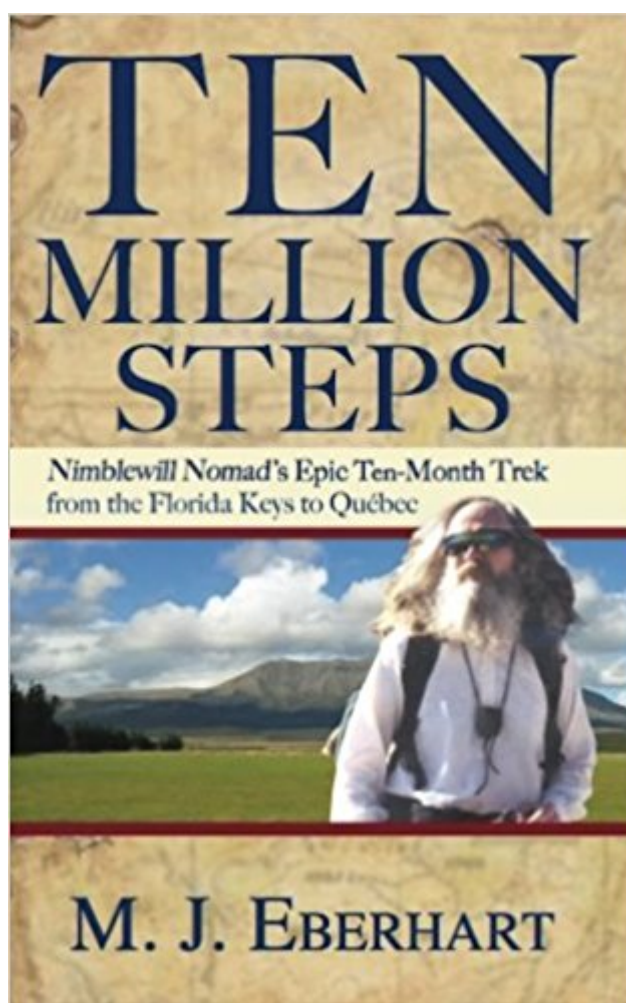


The book was found

Ten Million Steps: Nimblewill Nomad's Epic 10-Month Trek From The Florida Keys To QuÃ©bec (None)



Synopsis

M. J. Eberhart, aka the Nimblewill Nomad, was a 60-year-old retired doctor in January 1998 when he set off on a foot journey that carried him 4,400 miles (twice the length of the Appalachian Trail) from the Florida Keys to the far north of Quebec. Written in a vivid journal style, the author unabashedly recounts the good (friendships with other hikers he met), the bad (sore legs, cutting winds and rain), and the godawful (those dispiriting doubts) aspects of his days of walking along what has since become known as the Eastern Continental Trail (ECT). An amazing tale of self-discovery and insight into the magic that reverberates from intense physical exertion and a high goal, Eberhart's is the only written account of a thru-hike along the ECT. Covering 16 states and 2 Canadian provinces, Ten Million Steps deftly mixes practical considerations of an almost unimaginable undertaking with the author's trademark humor and philosophical musings.

Book Information

Series: None

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Average Customer Review: 4.3 out of 5 stars 33 customer reviews

Best Sellers Rank: #368,009 in Books (See Top 100 in Books) #30 in Books > Travel > United States > Florida > Keys #144 in Books > Travel > Canada > General #563 in Books > Health, Fitness & Dieting > Exercise & Fitness > Running & Jogging

Customer Reviews

I have a whole bookcase filled with hiking books. Most of them are about the Appalachian Trail as I am a thru hiker myself. This book is really a terrific read and certainly spells out the reality of life on the trail. I have to be honest, as I read about "Nomads'" first couple of days on the trail in Florida I was amazed at the perseverance of this man. Quite frankly, I would have quit when I found myself in the dark up to my waste in swamp water - water containing who knows what critters! He also took time during his hike to stop and meet people. Rarely did he give anyone the impression that he just had to get going and didn't have time to talk. I'd like to have met him in my travels. His age at the

time (59) reminded me of my hiking at that age. I think anyone who would like to share the travails of long distance hiking from their comfortable arm chair will enjoy this book!

I was pleasantly surprised to find a book written by my "old" optometrist about his journey along the trails from Key West to Canada. I never realized or thought about all the obstacles you would meet along the way. It is something I will never do but enjoyed "walking" the trail with him. My hat's off to him for making this journey and all the other journey's he has taken. I can only imagine through his words some of the sites and people he encountered on his journey. Written in a journal format it was easy to read and you can put it down for a few days and pick it up again and read along the way.

I am only partially through this adventure, but I am enthralled. I love this character author. He is well read with handy man type knowledge that works well with illustrating this grand adventure. I love his little bit of historical knowledge of these areas and would love to know more. The hours slip by as I travel with him doing something I would give much to have a chance at doing. Wonderful read.

Almost like a story Santa Claus would write if he were to walk from FL to Canada on the Eastern Continental Trail...jolly, whimsical and upbeat. Restores hope in America... hope in humanity and hope in one's self.

Well written. It draws you in and makes you feel like you're there with him on the trail.

good read . enjoyed the book

Wonderful travel tale of hiking over 5,000 miles from Florida to beyond Maine. Really tells it like it is, and what can go well and what can go very wrong. Brings a whole new meaning up pass your hips in alligators, not to mention setting your camp gear on fire.

Nice, pleasant "journal style" book on hiking the east coast, including the A.T. Well worth adding to your library.

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(None) Quebec City DIY City Guide and Travel Journal: City Notebook for Quebec City, Quebec
(Curate Canada! Travel Canada!) Ulysses Fabulous Quebec City: Experience the Passion of

Quebec! (Ulysses Travel Guide Quebec City) Florida Keys (Lonely Planet Diving & Snorkeling Florida Keys) Florida Keys Overseas Heritage Trail: A guide to exploring the Florida Keys by bike or on foot The Florida Keys (Florida Keys: A History & Guide) June Keith's Key West & The Florida Keys (June Keith's Key West and the Florida Keys) June Keith's Key West & The Florida Keys: A Guide to the Coral Islands (June Keith's Key West and the Florida Keys) Month-by-Month Trait-Based Writing Instruction: Ready-to-Use Lessons and Strategies for Weaving Morning Messages, Read-Alouds, Mentor Texts, and More ... Writing Program (Month-By-Month (Scholastic)) Florida Month-by-Month Gardening: What to Do Each Month to Have A Beautiful Garden All Year Marketing the Million Dollar Practice: 27 Steps to Follow to grow 1/2 Million a Year Walking Home From Mongolia: Ten Million Steps Through China, From the Gobi Desert to the South China Sea Inca Trail, Cusco & Machu Picchu: Includes Santa Teresa Trek, Choquequirao Trek, Vilcabamba Trail, Vilcabamba To Choquequirao, Choquequirao To Machu ... Inca Trail, Cusco & Machu Picchu) The Star Trek Encyclopedia: Updated and Expanded Edition (Star Trek: All) House of Collectibles Price Guide to Star Trek Collectibles, 4th edition (Official Price Guide to Star Trek Collectibles) Star Trek Deep Space Nine: Roleplaying Game (Star Trek Deep Space Nine: Role Playing Games) Star Trek: Voyager: Distant Shores Anthology: Star Trek Voyager Anthology Star Trek Generations (Star Trek The Next Generation) Guide to Sea Kayaking in Southern Florida: The Best Day Trips And Tours From St. Petersburg To The Florida Keys (Regional Sea Kayaking Series) Shells of Florida-Atlantic Ocean & Florida Keys: A Beachcomber's Guide to Coastal Areas

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